

# Time Out



London's weekly listings bible  
January 19-26 2005 No. 1796 £2.50

## a-z of cheap

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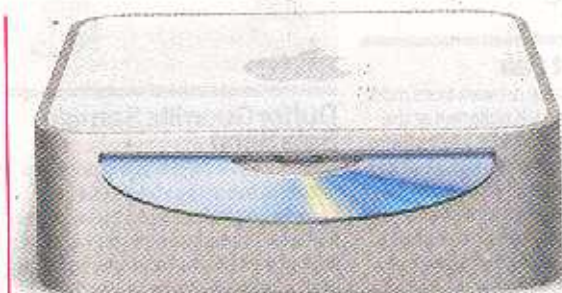
## WE LOVE GLC trainers

What's important when choosing a pair of trainers? Looking 'good in a fight', according to Welsh rappers Goldie Lookin Chain, who have joined forces with Hi-Tec. Remember them? The trainer brand worn in 1983 by that boy in your class with the lazy eye and runny nose who could never see the football until it knocked him unconscious into a puddle. Well, who's laughing now? He's probably earning a fortune in IT, and Hi-Tec has carved out a new 'ironically cool' niche in a market that usually takes itself too seriously. The 100 pairs (with one-off serial numbers and costing £50) are already flying off the shelves so fast that there might be another run. Cool (even though you've left school)? Oh, you know it. *Kate Riordan*  
Office, 57 Neal St, WC2 (020 7379 1896/www.officelondon.co.uk) Covent Garden tube. Open Mon-Wed, Fri 10.30am-7.30pm, Thur 10.30am-8pm, Sat 10.30am-7pm, Sun 12noon-6pm.



## JUST OPENED Jewel

Adding a dash of shine and sparkle to Islington's Camden Passage is a new jewellery shop, aptly named Jewel. Revered London-based designers Kiri Holmes and Lesley Vik Waddell have joined forces to create an elegant space with dark wooden floors, antique cabinets and jewellery-draped deer antlers. Between them they have ten years' experience of selling their intricate designs around the world from London to LA, and have worked with designers like John Galiano, Givenchy and Cartier. Their intimate, elegant shop works perfectly - Waddell's spindly feminine designs, including lattice rings and chokers, complement Holmes's bolder, rock-strewn bracelets, necklaces and oversized cluster rings. But the thing that makes this shop a real gem is the affordable prices - rings start at just £40 and earrings at around £50. Definitely one to remember for Valentine's Day, boys. *Maggie Davis*  
Jewel, 16 Camden Passage, N1 (020 7226 2065) Angel tube. Open Tue-Fri 11am-7pm, Sat 10am-6pm, Sun 11am-5pm.



## JUST OUT Mac mini + iPod shuffle

'If I had a nickel,' Steve Jobs sighed at last week's Macworld expo in San Francisco, 'for every time I've been asked why we don't make a stripped-down Mac that's more affordable...'

So he's gone and released one. If you've wanted to switch to the glorious and beautiful Mac operating system, expense may no longer be an excuse. From next Saturday, January 29, the Mac mini goes on sale worldwide for \$499 (£339 in the UK). It's adorably tiny, and although specs are basic (1.25GHz G4 processor, 256Mb RAM, 40Gb hard drive and so on) it should be powerful enough for many. Mind you, you need to supply a display, keyboard and mouse yourself, so it's best for people who have these from previous computers.

Meantime, those wanting an iPod will be pleased to see the arrival of the iPod shuffle at just £69 for 512Mb capacity, enough for 120 songs. Cute, of course, and tiny, though rechargeable battery life ain't great (12 hours). There's no display, so you choose either to play the playlist you've downloaded or shuffle to play the songs at random. Highly desirable. *David Pictet*

## WEIRD CORNER Oxy-Powder

Toxic build-up in your digestive system can cause headaches, bad breath, PMS and allergy problems, to name but a few. But how to deal with it? Colonic Irrigation has its fans but if you want to bypass the indignity of having a tube shoved up your bottom and the contents syphoned out, then the latest Oxy-Powder health supplement could be the, er, soft option. Taken over a course of seven days the pills loosen everything, flushing your intestine and colon of what's euphemistically called 'intestinal build-up'. Instructions are pretty scary and include admonishments not to stray too far from a loo, but the effects are dramatic - apparently you can purge up to 20 pounds. Now you can dump that extra weight once and for all. *Fiona McAuslan*  
Oxy-Powder (£29.95) is available via mail order from Chrisbar Ltd, 01428 642 266/www.chrisbar.com.



## LOOKY LIKEY Puccipurse

A swirly, bright Pucci-style purse (far left) is just about the most desirable item a girl can get - but at over a hundred quid, it's a bit on the steep side. So how delighted were we when we found this marvellously similar one by Adidas (left) for just £19? Extremely. *Maggie Davis*  
Diverse, 294 Upper St, N1 (020 7359 8877) Angel tube. Open Mon-Sat 10.30am-6.30pm, Sun 12.30-6pm.